

KNP Konnections



From Our Editor, Nancy Allenby

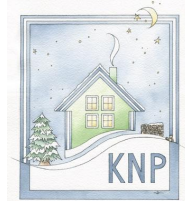
WE ALL GET THE SAME EXACT 365 DAYS... the only difference is what we do with them. --H. DePiano.

As we finish out this year, we thank you for choosing to spend your energy and support helping KNP respond to the many needs of Neighbors in the Kearsarge region. YOU make amazing things happen, and we are most grateful. We are humbled to move forward together into 2023!



Cookies for Kearsarge

WE DELIVERED SIXTY-TWO DOZEN COOKIES to KNP's Neighbors, as well as lots of good cheer *and* beautiful holiday cards with handwritten messages. Many thanks to over 35 volunteers who baked, packed cookies, wrote cards, and delivered goodie bags. In the midst of this very busy season, your efforts allowed KNP to offer personalized greetings (and a little bit of love) to our Neighbors, community partners and donors!



Gift With KNP Throughout the Year

NEED A LAST-MINUTE GIFT? A KNP alternative gifting card is the perfect way to support KNP *and* honor a friend or loved one this holiday season, and throughout the year! For a suggested minimum donation of \$10, we can supply you with a beautiful card that lets someone know you've made a donation to KNP in their name.

[Email us](#) today to obtain your cards!

KNP'S 'WINTER WISH LIST' -- YOUR GIFT PROVIDES:

- \$15 - Mileage to transport a Neighbor to DH for medical care
- \$25 - Repairs to a Neighbor's snow blower for winter
- \$50 - Grocery gift card for a Neighbor experiencing food insecurity
- \$75 - Gas money for Neighbors to get to work
- \$100 - Driveway plowing for Neighbors who are snowed in
- \$150 -- A truckload of cord wood to help heat a Neighbor's home
- \$200 - Helps toward emergency heating oil
- \$500 - Helps Kars for Kearsarge provide much-needed transportation

HEAT Kearsarge: Warming Hearts and Homes

AS TEMPERATURES DROP, Warner Connects, KNP, KREM, and Loaves and Fishes have pledged to help meet the growing heating needs of our Neighbors. Already this winter they have provided emergency electric throw blankets, deliveries of cord wood and wood pellets, furnace repairs and emergency oil supplies. Good work, team!



Konnnect Kearsarge Collaboration

LONELINESS AND ISOLATION affect many of our Neighbors, especially during the winter months. KNP, the New London Hospital and the Greater Sullivan County Health Network have planned a January 9 forum called **Konnnect Kearsarge**.

They will provide a morning of education from 8:30-12:00, as well as an opportunity to hear from organizations making strides in addressing isolation in our region. Community partners such as social service workers, town welfare workers, case managers, COA staff, KNP advocates, and those impacting social connection in the area are invited to attend. Snow storm date is Jan. 23. Please [email us](#) for more information on attending.

Check-In's Are Very Important

PLEASE MAKE SURE YOU check in each time you interact with a neighbor or community partner. Thank you for lining up a substitute if you are unable to fulfill a recurring commitment with one of our partners.

Friends of KNP can stay in the loop by subscribing to this KNP Konnections Monthly Newsletter [here](#).

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